



The Venture Hub

NAPA VALLEY MONTESSORI - UPPER ELEMENTARY

FEBRUARY 2019 · ISSUE 1 · VOLUME 5

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OPEN HOUSE MIXER- FRIDAY, FEB 8

Napa Valley Montessori invites prospective students and families to visit and tour NVM to find out what is unique about NVM. Refreshments and fun, scavenger hunt and giveaways scheduled for Friday, Feb. 8 from 3:00-5:30. Tell your friends!

CINEMA DAY - WED, FEB 13

Friends of Venture Hub will be invited to join us on Cinema Day for popcorn and a double feature of The Hobbit and Lord of the Rings. We celebrate Tolkien's epic literature through film and experience the novel through the ever illustrious medium of film.



FEBRUARY IS BLACK HISTORY MONTH

In honor of Black History Month, Venture Hub students will create digital stories on important figures in Black History and will present to the lower elementary classroom on Monday, Feb. 25



Gamers with Curfews

VENTURE HUB STUDENTS START A PODCAST

Podcasting continues to grow and expand in the digital media landscape, evidenced by the more than 64% of Americans who listened to a podcast in 2018. What is dynamic about Venture Hub students' content is that their shared vision of GWC will be sharing their love for gaming from a kids perspective, whether it be gear reviews, celebrity gamer gossip, or what happened in last night's gaming session. Venture Hub students feel like it's the perfect time to offer a perspective that connects with kids who spend a significant portion of their pre-curfew time gaming.



Monthly Focus

**empathy +
creativity**

One of the most well-known studies in social science research, often referred to as the Marshmallow Test, was conducted by Stanford psychologist Walter Mischel in the 1960's. The test was administered to preschoolers, each given a choice to eat a marshmallow immediately or wait 15 minutes and get two marshmallows. The results were shown to be indicative of how children fared later in life.

The obvious implication of these results is the importance of self control to future success. Erin Clabough, neuroscientist, author of *Second Nature*, and "neuroparent" of four children at different stages of development, explains that self control is not what we should be cultivating. Self-control by itself is just NOT doing things (i.e., don't hit your sister, don't eat 8 pieces of chocolate cake). What Clabough found through research is that you have to be properly motivated to have self-control. She suggests working on goals and motivation, discipline where there is buy-in, and emphasizing the importance of ownership - adhering to a set of goals you think are important,

not what somebody else thinks is important. This is particularly important as children grown older.

Rather than self-control, Clabough emphasizes self-regulation, which requires the additional skills of creativity and empathy - creativity in finding solutions to problems on the path to goal attainment and empathy in understanding how one's choices affects others.

Second Nature argues for the idea that nobody is born with these 3 skills completely in tact, they can be fostered and developed. The aim is to make neurological habits of these 3 skills so they become second nature.

**second
nature**

HOW PARENTS CAN
USE NEUROSCIENCE
TO HELP KIDS DEVELOP
EMPATHY, CREATIVITY,
AND SELF-CONTROL

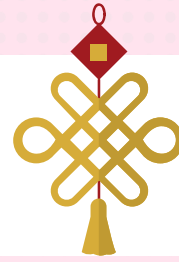


FEBRUARY CALENDAR

5

TUESDAY

Chinese New Year

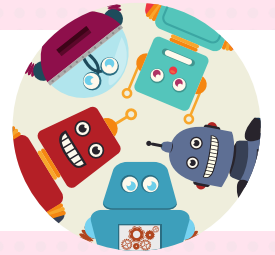


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THURSDAY



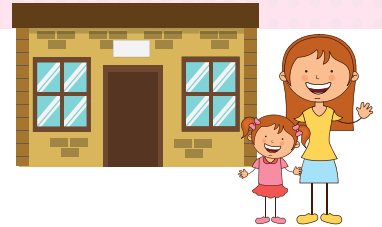
LOVE YOUR ROBOT DAY



8

**3:00 -
5:30PM**

OPEN HOUSE MIXER @
Napa Valley Montessori

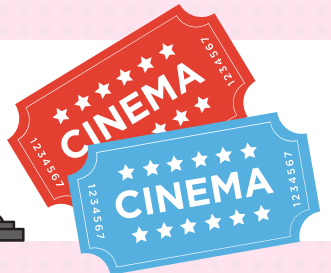
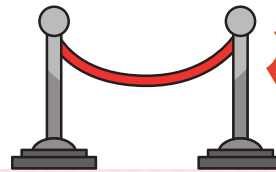
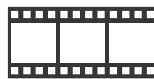


13

**3:00 -
7:00PM**



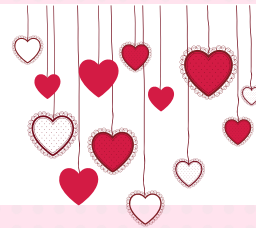
CINEMA DAY



14

THURSDAY

VALENTINE'S DAY



18

HOLIDAY

PRESIDENT'S DAY

