



Reminders

- **Label All Your Child's Belongings**

Please label everything that comes to school so items don't end up in the lost and found or go home with another child.

- **Home Toys Stay Home**

Please keep your child's toys at home. The children get really upset when their toys get broken, lost, or other children want to use their toys. Thank you for understanding.

- **New Drop Off Times**

Please drop your child off between 8:45 — 9:15 am (unless you have extended care), that way your child is here for all our curriculum.

Changes Ahead

Now that we have all our staff we are ready to roll out a fun and engaging curriculum. The children will be split into two groups based on their ages. Ms. Erika will have all the 4-5-year-olds. Ms. Sarah and Ms. C. will have all the 2-3-year-olds. This will ensure that all activities are age appropriate.

A big change we will be making together as a team is encouraging independence. We want to move away from warming things up for the children for lunch by having their hot items in a thermos. It takes our attention away from the children. Also, please pack food and snacks in something your child can open and close themselves. We know that many of these items are convenient, however, we are going to start encouraging family style dining. This involves the children and the teachers all sitting down together to enjoy mealtime.

We would like to suggest that the children please not have juice in their lunches. Not only does it spill everywhere, but the American Pediatric Association discourages giving children juice because of all the sugar it contains.

Curriculum Plans For The Month

For the month of April, the children will be learning about healthy eating, dental hygiene, and the food groups. We will be talking about how different foods affect our bodies. We want to encourage the children to eat their healthier foods in their lunch boxes first and save the treats for the end of the day.

As part of our curriculum we will be making a sign up list for the month of April for parents to sign up to bring a healthy snack to share with the class. This will help expose the children to new health alternatives and give parents new fresh ideas for their child's lunch.

The teachers will also be participating in sharing healthy snacks with the children because we believe good nutrition is good for our body, mind, and soul.

April/May Birthdays



April 1 — Matthew

April 5 — Nova

April 7— Brykson

April 25— Mila

May 1— Malakai

May 6— Omari

May 8— Ai Vy

May 12— Greyson

May 21— Ngo Chau (Strawberry)

May 31— Zoey

Academics

Theme: Healthy Eating

Practical Life: Serves his/her own meals

Emotional Development: Can focus on work

Social Development: Addresses conflict with words

REMEMBER: OUR TRIKE-A-THON IS ON FRIDAY, APRIL 28TH WE CLOSE AT NOON THAT DAY

